



# Camp Rules, Routines & Expected Behaviors

## Summary for LFS&S School-age Campers & Families

At CampCo Day Camps, we want all of our campers to have a safe, fun & memorable time! Each morning, we review camp rules & discuss expected behaviors as a large group. Throughout the days & weeks of camp, campers learn the routines. It may be helpful to read & discuss the following summary of our “Camp Rules, Routines & Expected Behaviors” before their first day of camp.

### CAMP ACTIVITIES

- We have a LOT of fun games, crafts & other activities planned. Some might be new to you. Just give it a try!

### CAMP LEADERS

- Always listen & follow a leader’s directions, right away.
- Hands off of the Leaders’ walkie talkies, clipboards & pens, nametags, all other belongings.

### GROUPS & GROUP TABLES

- The color of your nametag is your group color for the day.
- When you get to the campsite, find the table with a cone color that matches your nametag color. This table is where your group meets & where you keep your backpack, lunch & all your other stuff.
- You have a Camp Counselor in charge of your group for the day; you’ll meet them when you get to camp.
- There are around ten kids in your group & they are around your age.
- We try to put campers with their friends (if you all behave well together). If you are new at camp, we might not know who your friends are, yet. If you have friends coming to camp, it’s super-helpful if your parents put in a “buddy request” for that week (through their CampCo account) at least a week prior.
- There are lots of nice kids at camp; Make a new friend... or nine new friends!

### BACKPACKS & BELONGINGS

- Keep your belongings at the group table, organized & tidy. Put your things away when you are done with them.
- Money stays in your backpack until it’s time for Snack Bar. We don’t show off money to friends.
- YOU are responsible for your stuff. We stay out of other’s belongings.
- Stuffed animals, toys, phones, iPads, wristband communication devices & other electronics must stay home.

### WRISTBANDS & NAMETAGS

- Wristbands & nametags stay on until you are signed out for the day

### CAMPSITE BOUNDARIES

- We stay with our group & our leader. We must always be with a leader **&** one or more buddies.
- Our Campsite boundaries are marked by the fence & the orange cones. We must have permission from a leader to go out of these boundaries.
- Keep hands, feet, head-shoulders-knees & toes... off the fence, gates & cones.

## BE RESPECTFUL & POLITE

- Use polite words. No naughty words.
- Hands & bodies to yourself. No fighting, hitting, poking, rough play, etc....
- Be respectful of each person's personal space. No lap sitting.
- We share toys & crafts supplies. But, we do NOT share food, money, sunscreen or clothing.

## RESPECT OUR CAMPSITE & THE CLUB

- Be kind to nature. Stay out of the bushes & trees. No tree carving or pulling branches. Leave bark on the trees. Be nice to the ducks, geese & other critters. LOOK at the cool bugs (but, don't put them in your backpack).
- Leave the camp & classroom cleaner than when we arrived. Throw away trash.

## PLAYGROUND & VOLLEYBALL COURTS

- Sand stays on the ground (sand in the eyes hurts a lot!)
- We may not pull on the volleyball net & ropes or we'll lose the privilege to use it.
- Use playground equipment properly. Up the stairs & down the slide.

## RESTROOM & CHANGING ROOMS

- Your leader will bring the whole group to use the restroom between each activity. Even if you don't think you need "to go" please try anyway.
- IF you need to go when it's not our usual times, tell a leader; they will find a leader & a buddy to go with you.
- We give PRIVACY in the restrooms & changing rooms. No looking under stalls or shaking the changing tents.
- Wash hands with soap & water after using the restroom.
- Leave the restroom tidy. We don't throw water or toilet paper or paper towels or make any other messes.

## SHOES

- We wear tennis shoes & they stay on (unless it's a special no-shoe activity). Sandals & crocs are for pool time.

## LUNCH & SNACKS & WATER

- No nut items at camp.
- We eat our "healthy food" first.
- Drink lots of water. And refill your bottle at the water station. Your leader will remind you.
- Remember, we don't share lunches with other campers.

## SUNSCREEN

- Put on sunscreen in the morning before coming to camp.
- Bring a bottle of sunscreen to camp (with your name on it!). Your leader will remind you to put on sunscreen.

## SWIM TIME & SWIM TEST

- Campers must WEAR their swimsuit when they come to camp & BRING a change of clothes for afterwards.
- We have indoor games for any campers who don't want to swim for the day.
- Campers who want to swim in the deep end or jump off the diving board have to pass a swim test. If you want to hang out & play in the shallow end, you don't need to take the swim test.
- Watch the Orientation video to see campers demonstrating the test. It's challenging. Do your best.
- If you pass the Test, you get a blue wristband for the week, can go in the deep end & use the diving board.
- If you have some difficulties with the Swim Test, that's okay. You get to wear your orange wristband & play in the shallow end. (Then, you can practice-practice-practice & try again, next week, if you'd like).
- In the Pool, campers with orange wristbands stay in the shallow end, marked by cones & a leader.
- The Pool Deck boundaries are the front of the lounge chairs & under our canopy.
- No unwanted splashing, pretend drowning or hanging on leaders. Hands & bodies to ourselves.
- Tell the Site Director if you need to use the restroom during Swim Time. A leader will take a small group.
- When you hear the "End of Swim Time" song, it's time to get out of the water & line up with your counselor.